



GROUP CURRICULUM

SERMON

START HERE TO BE SATISFIED – Psalm 16

DATE

SEPTEMBER 17, 2017

- 1 Preserve me, O God, for in you I take refuge.
- 2 I say to the LORD, “You are my Lord;
I have no good apart from you.”
- 3 As for the saints in the land, they are the excellent ones,
in whom is all my delight.
- 4 The sorrows of those who run after another god shall multiply;
their drink offerings of blood I will not pour out
or take their names on my lips.
- 5 The LORD is my chosen portion and my cup;
you hold my lot.
- 6 The lines have fallen for me in pleasant places;
indeed, I have a beautiful inheritance.
- 7 I bless the LORD who gives me counsel;
in the night also my heart instructs me.
- 8 I have set the LORD always before me;
because he is at my right hand, I shall not be shaken.
- 9 Therefore my heart is glad, and my whole being rejoices;
my flesh also dwells secure.
- 10 For you will not abandon my soul to Sheol,
or let your holy one see corruption.
- 11 You make known to me the path of life;
in your presence there is fullness of joy;
at your right hand are pleasures forevermore.



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1. As this week's study begins, take some time to measure your satisfaction on the chart below. Circle where you feel your heart is right now. *Why* did you give yourself the number you did?



2. Take some time to look through the text of Psalm 16 on the other side of this paper. For this week's exercise, circle what you think to be the most important words in the psalm.

3. Think of some of the people closest to you (i.e. family, friends, co-workers, etc.) and their lives. What kinds of things are they seeking to be satisfied in? Are they in any way satisfied?

4. Throughout Psalm 16, David expresses delight in those who follow the Lord. What kinds of language does he use to prove this? Honestly looking at your heart, do you feel like there is room for growth in your love for "the saints"?

5. Consider that a Christian friend of yours is currently struggling in their marriage. Using **Psalm 16:5-6** and **Philippians 4:11-13**, how could you direct them to contentment? How could this possibly help his or her marriage?

6. **Psalm 16:7-8** call us to embrace and be devoted to the truth. According to these verses, what will be the result of our lives if we do just that? Can you think of other results mentioned in Scripture?

7. Why is it so crucial for our satisfaction today for us to remember that we will be delivered? What clues from the text indicate that this deliverance is more than just from the trials of our day-to-day life?

8. What would you say to someone who insists that in verse 11, David is only talking about eternity with Christ?

"If I find in myself desires which nothing in this world can satisfy, the only logical explanation is that I was made for another world." — C.S. Lewis